



RoSPA ADVANCED DRIVERS And Riders North Wiltshire Group

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Patron: Her Majesty the Queen

Newsletter January 2008

We welcome Matthew Carlsson a car associate to the group.
Congratulations to Alexander Kirk Wilson on retaining his Gold driving standard on re-test.

Monday night monthly talks

These will be held at **Liddington Village Hall** on the second Monday of every month except January. The scheduled start dates have been pushed back from 7.30pm to **7.45pm** to allow people more time to get there after work – but beware, the **start time will be prompt!** For those arriving early for a chat (networking in management speak), coffee and tea will be available from **7.15pm** onwards. If anybody feels that the new timing of the talks is inconvenient please contact Monica (01367 242377) or Geoff (01793 778181).

Members! You can bring your partners or friends along – maybe they will be interested enough to participate in the group as a helper or member. However, if you are intending to bring a coach load of people eager prior warning would be a good idea!

Monday, 11th February 2008, 7.15pm for 7.45pm

Paul Weston will come and give a talk and presentation on the Isle of Man TT race this year.

Monday, 10th March 2008, 7.15pm for 7.45pm

Chris Gilbert, former Sergeant at the Met. Police Driving School at Hendon for over 22 years. He helped to make, and appear in, the Roadcraft video/DVD. He was also a member of the Home Office Working Party tasked with updating Roadcraft in 1990. Recently he has been acting as an advisor to the Police Foundation with regard to the latest edition of Roadcraft. For more information visit his web site: www.driving4tomorrow.com

Members of the Swindon IAM group will be joining us.

Monday, 14th April 2008, 7.15pm for 7.45pm

Ian Davis, a member of our group. He was an ADI for 20 years with his own driving school. He also has had 10 years of Fleet Training for RoSPA and Drive Tech, and also involved with Driver Improvement Scheme for the Thames Valley Police. Last but by no means least he has been involved with the Speed Awareness Courses.

Monday, 12th May 2008, 7.15pm for 7.45pm

Max Tyler from Actiondrome Limited Skid Pan Training in Wiltshire.

Other dates for your diary – book now!

Saturday 23rd February - First Aid Course for Bikers Confirmed

The course is going ahead with fourteen people. There is room for more so if you would like to join there is still time. It is not only open to bikers. Car drivers, you may come across a motorcycling accident. Would you know what to do? To confirm your place on this please send your cheque for £60 made payable to RoADAR North Wilts Group to Monica. The cost includes lunch and refreshments and a donation to the cost of hiring the hall

Saturday 5th April, Skittle Evening The White Hart, Oxford Road Swindon

7.0pm for 7.30 start. Cost £10 per head to include a hot bar meal. We would like two teams, of at least 15. Family and partners welcome. Menu choices at the end of the newsletter. Cheques to Monica with your menu choices please.

Possible upcoming events – are you interested?

First Aid Course for Car Drivers?

We still need more people to put their names down for the car course. This is likely to be held in the spring sometime. We have eight so far and need a minimum of twelve to cover costs before a provisional booking can be made. Payment will be required before the booking can be confirmed. The payment will be refunded if the course is cancelled. Can you afford not to do it? Cost is £60 including lunch.

Skid pan training at Wroughton airfield ?

Six members did this course last year and found it extremely useful. See report in October's Newsletter. We are hoping to arrange some more courses this year. The cost is £89 for morning or afternoon session. We can arrange these for a Saturday or a weekday. If you are interested please send your cheques to Monica with your day preference. We need six per session.

Report on a talk by Mark Harris, 10th December 2007

Mark Harris from ITC (<http://www.itcfirstaid.org.uk/>) gave a thought-provoking presentation on “**Mythbusting**” some of the do's and don'ts of First Aid at an RTC site. Mark will be delivering the First Aid course for the bikers in February, and if we get sufficient numbers, a subsequent course for car drivers. If you're not already signed up for one of these, please do think about it.

Mark has had a varied background, from the Army to the Police, and the Red Cross, and is a keen motorcyclist and IAM member. The course run by ITC is one of the very few aimed specifically at road users, covering topics germane to the situation at the scene of a road traffic collision.

The talk began with some background. In this country, apart from in the workplace, there is little formal requirement for First Aid presence at club events, but Mark posed the question “Is there a duty of care for an organisation, however small, to its members, if an organised event is taking place?”. An “event” could be one of our monthly meetings, a ride out, or any gathering under the club banner. Some organisations are already recognising this duty of care, and providing training for their officials as a matter of course.

Mark continued with a series of slides posing, and then demolishing, some of the common myths. Throughout, his watchword was “reasonable”, pointing out that you should do whatever is reasonable under the circumstances, and nobody can decide what is reasonable except you. You can only do your best, but you *should* do your best!

“Never move a casualty at the scene of the accident” – but what if they’re lying in the road with an artic bearing down on them, or face down in a puddle and you see bubbles coming out of their mouth? You must do what is reasonable, and necessary, to ensure that you and the casualty are safe.

The MOST important consideration, Mark asserted, was to ensure casualties had a clear airway and were able to breathe. Other items assumed a secondary importance, in relation to this. A person can only survive 3 minutes without oxygen, so do this first. Yes, even before calling the emergency services!

“Never remove a motorcyclist’s helmet” – but they need to be able to breathe! If they’re awake and talking, they’re obviously breathing – leave it on. If they’re clearly not breathing, or having difficulty, consider some measures to remedy the situation. It might be just undoing a chinstrap, or possibly a partial (careful) removal of the helmet, to expose the mouth. Then you can clear the airway, or possibly apply mouth-to-mouth.

“But I could be liable if I do something wrong” – something wrong could include doing nothing, so do whatever is reasonable.

These are just a few examples of Mark’s practical, commonsense approach to the subject. If you want to learn more, get yourself booked on a course! The courses take a full day, and involve both classroom and simulated exercises with real people in the kind of situations you might find yourself dealing with one day. You might save a life.

Nick Carrington

Thanks Nick

RoSPA White Tshirts and High Visibility waistcoats

Both items have the North Wilts RoADAR logo printed on them.

Tshirts are priced at £10, Hi Viz waistcoats at £15.

Yes Julian..... I know bikers need black Tshirts not white ones so that the oil stains do not show, if any body else expresses an interest in black Tshirts we can order some.

Available from Geoff Sumerling 01793 778181 or at any RoSPA evening talk.

Menu for Skittle Evening

Breaded Scampi Chips & Peas

Sausage Egg & Chips

¼ Breast of Chicken & Chips

Beef or Vegetable Lasagne with Chips

Chilli with Rice

Chicken or Vegetable Curry with Rice

Hot Jacket Potato with the following fillings

Cheese,

Ham,

Mushroom,

Onion,

Tuna Mayonnaise,

Sweetcorn,

Homemade Coleslaw.